

**Interboro High School
Indoor Track Schedule
2022-2023**

Boys – Kirk McGrotty - Coach

Saturday, 12/10/22	Meet #1	Lehigh University	8:30 AM	Bus: 6:45 AM
Saturday, 12/17/22	Meet #2	Lehigh University	12:30 PM	Bus: 10:30 AM
Thursday, 12/22/22	Meet #3	Lehigh University	3:00 PM	Bus 1:00 PM
Saturday, 1/7/23	Meet #5	Lehigh University	8:30 AM	Bus: 6:45 AM
Friday, 1/13/23	Meet #6	Lehigh University	6:30 – 10:30 PM	Bus: 4:15 PM
Friday, 1/20/23	Meet #7	Glen Mills	5:00 – 10:00 PM	Bus: 3:45 PM
Friday, 1/27/23	Meet #8	Glen Mills	5:00 – 10:00 PM	Bus: 3:45 PM
Friday, 2/3/23	Novice	Glen Mills	5:00 – 10:00 PM	Bus: 3:45 PM
Friday, 2/10/23	Last Chance	Lehigh University	6:30 PM	Bus: 4:15 AM
Saturday, 2/19/23	Champs	Lehigh University		
Sunday, 2/26/23	States	Penn State University	10:00 AM	

Girls – Nicole Werner - Coach

Friday, 12/9/22	Meet #1	Alvernia	6:00 PM	Bus 4:00
Friday, 12/16/22	Meet #2	Alvernia	6:00 PM	Bus 4:00
Friday 1/6/23	Meet #3	Alvernia	6:00 PM	Bus 4:00
Friday, 1/13/23	Meet #4	Alvernia	6:00 PM	Bus 4:00
Friday, 1/20/23	Meet #5	Lehigh	6:30 PM	Bus 4:15
Friday, 1/27/23	Meet #6	Lehigh	6:30 PM	Bus 4:15
Friday, 2/3/23	Meet #7	Glen Mills	6:30 PM	Bus 5:15
Monday, 2/13/23	Consolation	Glen Mills	TBD	
Friday, 2/17/23	Champs	Lehigh	6:30 PM	Bus 4:15